

Key Stage 1 Progression Document (Autumn term)

	Autumn						Spring						Summer					
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
Relationships KS1																		
R1. About the roles different people (e.g. acquaintances, friends and relatives) play in our lives																		
R2. To identify the people who love and care for them and what they do to help them feel cared for																		
R3. About different types of families including those that may be different to their own																		
R4. To identify common features of family life																		
R5. That it is important to tell someone (such as their teacher) if something about their family makes them unhappy or worried																		
R6. About how people make friends and what makes a good friendship																		
R7. About how to recognise when they or someone else feels lonely and what to do																		
R8. Simple strategies to resolve arguments between friends positively																		
R9. How to ask for help if a friendship is making them feel unhappy																		
R10. That bodies and feelings can be hurt by words and actions; that people can say hurtful things online																		
R11. About how people may feel if they experience hurtful behaviour or bullying																		
R12. That hurtful behaviour (offline and online) including teasing, name-calling, bullying and deliberately excluding others is not acceptable; how to report bullying; the importance of telling a trusted adult																		
R13. To recognise that some things are private and the importance of respecting privacy; that parts of their body covered by underwear are private																		

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