

# Huyton with Roby PSHE Core Knowledge

## Autumn term



	Relationships		
	Families and Friendships	Safe Relationships	Respecting Ourselves and Others
Year 1	<p><i>Children will learn:</i></p> <ul style="list-style-type: none"> <li>• what it means to be a family and how families are different</li> <li>• about the importance of telling someone — and how to tell them — if they are worried about something in their family</li> </ul>	<p><i>Children will learn:</i></p> <ul style="list-style-type: none"> <li>• about situations when someone’s body or feelings might be hurt and whom to go to for help</li> <li>• about what it means to keep something private, including parts of the body that are private</li> <li>• how to respond if being touched makes them feel uncomfortable or unsafe</li> <li>• when it is important to ask for permission to touch others</li> <li>• how to ask for and give/not give permission</li> </ul>	<p><i>Children will learn:</i></p> <ul style="list-style-type: none"> <li>• what kind and unkind behaviour mean in and out of school</li> <li>• about class rules, being polite to others, sharing and taking turns</li> </ul>
Year 2	<p><i>Children will learn:</i></p> <ul style="list-style-type: none"> <li>• how to be a good friend, e.g. kindness, listening, honesty</li> <li>• strategies for positive play with friends, e.g. joining in, including others, etc.</li> <li>• how to positively resolve arguments between friends</li> <li>• how to recognise, and ask for help, when they are feeling lonely or unhappy or to help someone else</li> </ul>	<p><i>Children will learn:</i></p> <ul style="list-style-type: none"> <li>• how to recognise hurtful behaviour, including online</li> <li>• what to do and whom to tell if they see or experience hurtful behaviour, including online</li> <li>• about what bullying is and different types of bullying</li> <li>• about the difference between happy surprises and secrets that make them feel</li> </ul>	<p><i>Children will learn:</i></p> <ul style="list-style-type: none"> <li>• how friends can have both similarities and differences</li> <li>• how to play and work cooperatively in different groups and situations</li> </ul>

		<p>uncomfortable or worried, and how to get help</p> <ul style="list-style-type: none"> <li>• how to resist pressure to do something that feels uncomfortable or unsafe</li> <li>• how to ask for help if they feel unsafe or worried and what vocabulary to use</li> </ul>	
Year 3	<p><i>Children will learn:</i></p> <ul style="list-style-type: none"> <li>• to recognise and respect that there are different types of families, including single parents, same-sex parents, step-parents, blended families, foster and adoptive parents</li> <li>• about the positive aspects of being part of a family, such as spending time together and caring for each other</li> <li>• to identify if/when something in a family might make someone upset or worried</li> <li>• what to do and whom to tell if family relationships are making them feel unhappy or unsafe</li> </ul>	<p><i>Children will learn:</i></p> <ul style="list-style-type: none"> <li>• What is appropriate to share with friends, classmates, family and wider social groups including online</li> <li>• about what privacy and personal boundaries are, including online</li> <li>• about the effects and consequences of bullying for the people involved</li> <li>• about bullying online, and the similarities and differences to face-to-face bullying</li> <li>• what to do and whom to tell if they see or experience bullying or hurtful behaviour</li> </ul>	<p><i>Children will learn:</i></p> <ul style="list-style-type: none"> <li>• how to model respectful behaviour in different situations e.g. at home, at school, online</li> <li>• the importance of self-respect and their right to be treated respectfully by others</li> <li>• the ways in which people show respect and courtesy in different cultures and in wider society</li> </ul>
Year 4	<p><i>Children will learn:</i></p> <ul style="list-style-type: none"> <li>• about the features of positive healthy friendships such as mutual respect, trust and sharing interests</li> <li>• how to seek support with relationships if they feel lonely or excluded</li> <li>• how knowing someone online differs from knowing someone face to face and that there are risks in communicating with someone they don't know</li> <li>• what to do or whom to tell if they are worried about any contact online</li> </ul>	<p><i>Children will learn:</i></p> <ul style="list-style-type: none"> <li>• to differentiate between playful teasing, hurtful behaviour and bullying, including online</li> <li>• how to respond if they witness or experience hurtful behaviour or bullying, including online</li> <li>• recognise the difference between 'playful dares' and dares which put someone under pressure, at risk, or make them feel uncomfortable</li> <li>• how to manage pressures associated with dares</li> </ul>	<p><i>Children will learn:</i></p> <ul style="list-style-type: none"> <li>• to recognise differences between people such as gender, race, faith</li> <li>• to recognise what they have in common with others e.g. shared values, likes and dislikes, aspirations</li> <li>• about the importance of respecting the differences and similarities between people</li> </ul>

		<ul style="list-style-type: none"> <li>• when it is right to keep or break a confidence or share a secret</li> <li>• how to report concerns and seek help if worried or uncomfortable about someone's behaviour, including online</li> </ul>	
Year 5	<p><i>Children will learn:</i></p> <ul style="list-style-type: none"> <li>• what makes a healthy friendship and how they make people feel included</li> <li>• about peer influence and how it can make people feel or behave</li> <li>• strategies to manage peer influence and the need for peer approval e.g. exit strategies, assertive communication</li> <li>• strategies to positively resolve disputes and reconcile differences in friendships</li> <li>• that friendships can change over time and the benefits of having new and different types of friends</li> <li>• how to recognise if a friendship is making them feel unsafe, worried, or uncomfortable</li> <li>• when and how to seek support in relation to friendships</li> </ul>	<p><i>Children will learn:</i></p> <ul style="list-style-type: none"> <li>• to identify what physical touch is acceptable, unacceptable, wanted or unwanted in different situations</li> <li>• how to ask for, give and not give permission for physical contact</li> <li>• that it is never someone's fault if they have experienced unacceptable contact</li> <li>• how to respond to unwanted or unacceptable physical contact</li> <li>• that no one should ask them to keep a secret that makes them feel uncomfortable or try to persuade them to keep a secret they are worried about</li> <li>• whom to tell if they are concerned about unwanted physical contact</li> </ul>	<p><i>Children will learn:</i></p> <ul style="list-style-type: none"> <li>• to recognise that everyone should be treated equally</li> <li>• what discrimination means and different types of discrimination e.g. racism, sexism, homophobia</li> <li>• ways to safely challenge discrimination</li> <li>• how to report discrimination online</li> </ul>
Year 6	<p><i>Children will learn:</i></p> <ul style="list-style-type: none"> <li>• what it means to be attracted to someone and different kinds of loving relationships</li> <li>• the difference between gender identity and sexual orientation and everyone's right to be loved</li> <li>• about the qualities of healthy relationships that help individuals flourish</li> </ul>	<p><i>Children will learn:</i></p> <p>to compare the features of a healthy and unhealthy friendship</p> <ul style="list-style-type: none"> <li>• strategies to respond to pressure from friends including online</li> <li>• how to assess the risk of different online 'challenges' and 'dares'</li> <li>• how to get advice and report concerns about personal safety, including online</li> </ul>	<p><i>Children will learn:</i></p> <p>about the link between values and behaviour and how to be a positive role model</p> <ul style="list-style-type: none"> <li>• how to listen to and respect other points of view</li> <li>• how to constructively challenge points of view they disagree with</li> </ul>

	<ul style="list-style-type: none"><li>• ways in which couples show their love and commitment to one another, including those who are not married or who live apart</li><li>• what marriage and civil partnership mean e.g. a legal declaration of commitment made by two adults</li><li>• that to force anyone into marriage is illegal</li></ul>	<ul style="list-style-type: none"><li>• what consent means and how to seek and give/not give permission in different situations</li></ul>	
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