

one

# Two choice menu

#### Monday

Cheese and chorizo pizza with wedges and spaghetti hoops

Cheese / tuna / beans / coleslaw jacket potato

Cookie & Milkshake Yoghurt - selection of flavours

Cheese / tuna / beans / coleslaw jacket potato

with banana

Yoghurt - selection of flavours

#### **Tuesday**

Scouse with crusty bread and red cabbage or beetroot

Knorr Cream of Chicken Tuna / cheese / ham / egg / filled roll Fruit Sponge & Custard

Yoghurt - selection of flavours Fruit

# Wednesday

Meatballs in tomato sauce with pasta

Cheese / tuna / beans / coleslaw jacket potato

**Butterfly Cake** 

Yoghurt - selection of flavours Fruit

### **Thursday**

Roast beef, roast potatoes, carrots, Yorkshire pudding and gravy

Leek & Potato

Tuna / cheese / ham / egg / panini Jelly & Fruit

Yoghurt - selection of flavours Fruit

## Friday

Fish fingers, chips & peas (mushy or garden)

Cheese / tuna / beans / coleslaw jacket potato

Fruit Flapjack

Yoghurt - selection of flavours Fruit

Harry Ramsden's fish fillet, chips

& peas (mushy or garden)

Cheese / tuna / beans / coleslaw

jacket potato

Crumble & custard

Yoghurt - selection of flavours

Fruit

#### January 2018

29 30

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#### February 2018

October 2017 MTWT

20 21

November 2017 T W T

December 2017

8

27 28 29 30 31

MTWT

25 26 27 28 29 30 31

8 13 14 15 16 17

22

5 10 11 12 13 14

16 17 18 19 <mark>20 21</mark>

22 23 24 25 26 27 28

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13 14 15 16 17 <mark>18 19</mark> 20 21 22 23 24 25 26

23 24

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10

MTWTFSS 4 5 6 3 8 9 10 11 <mark>12 13</mark> 14 15 16 17 18 19 20 21 22 23 24 25 26 27

#### March 2018

M	Т	W	Т	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Week One Week Two Week Three

Chicken burger on a diddi roll with crisscuts and beans

Chocolate Mousse Break

Fruit

Spaghetti bolognaise & garlic bread Tomato & Basil

Tuna / cheese / ham / egg / filled roll Pip Organic Frozen Smoothies

Yoghurt - selection of flavours Fruit

Chicken Korma with rice Cheese / tuna / beans / coleslaw jacket potato

Brownie

Yoghurt - selection of flavours Fruit

Roast pork, mash, carrots, peas & gravy Knorr Cream of Chicken

Tuna / cheese / ham / egg / panini

Jelly & Fruit

Yoghurt - selection of flavours Fruit

Harry Ramsden's fish fillet, chips & peas (mushy or garden)

Cheese / tuna / beans / coleslaw iacket potato

Frozen Yoghurt

Yoghurt - selection of flavours Fruit

### mash & beans Cheese / tuna / beans / coleslaw

Salmon fish fingers, sweet potato

iacket potato

Pip Organic Frozen Smoothies Yoghurt - selection of flavours Fruit

All day breakfast - scrambled egg, bacon, sausage, hash brown and beans Leek & Potato

Tuna / cheese / ham / egg / filled roll Fruit muffin

Yoghurt - selection of flavours Fruit

#### Lasagne with garlic bread and salad

Cheese / tuna / beans / coleslaw jacket potato

Strawberry Mousse Break with strawberries

Yoghurt - selection of flavours Fruit

#### Roast chicken, mash, stuffing, carrot, broccoli & gravy

Tomato & Basil Tuna / cheese / ham / egg / panini Cookie

Yoghurt - selection of flavours Fruit

### Available daily: Water, milk and fruit juice.

































