Knowledge Organiser Science Year 5 Life Cycles and Reproduction



Puberty Usually begins between the ages of 8-14 and the process can take up to 4 years. During puberty the bodies of boys and girls begin to change physically. Boys and girls can experience some mood changes during puberty.

Changes	hair starts to grow on their
for girls	bodies
	breasts develop and hips
	widen
	Menstruation (periods)
	start
Changes	hair starts to grow on their
for boys	bodies and faces
	develop a deeper voice
	testes start to produce
	sperm

Key Vocabulary		
adolescence	The time in a young person's life between childhood and adulthood	
cell	Every organism, or living thing, is made up of structures called cells. A cell is the smallest unit with the basic properties of life	
egg	A single female reproductive cell	
fertilisation	What happens when a female's egg joins together with a male's sperm	
foetus	An animal or human being in its later stages of development before it is born.	
gamete	The male or female reproductive cell, that is an egg or sperm cell	
gestation	The length of time a mammal carries her offspring inside her body before giving birth	
metamorphosis	A process some animals go through to become adults. It is a series of physical changes.	
sexual reproduction	The process where a living thing creates another organism like itself. In humans, a sperm cell from a male fertilises an egg from a female to produce a baby.	
sperm	A single male reproductive cell	







