



MFL

Manger et Bouger

Year 6, Sum 2



By the end of the unit I will be able to..

Listen to, recognise and name ten foods and drinks that are considered good for your health.

Listen to, recognise and name ten foods and drinks that are considered bad for your health.

Say and write what activities I do and do not do, to keep in shape during the week.

Say and write what I do to keep a healthy lifestyle.

Learn to read instructions in French and look a healthy recipe in French.

Speaking Exercise

Can you say any of the following in French?

I eat.

I drink.

I go for walks.

I cycle.

To stay healthy I go for walks.

Listening Exercise

From the PowerPoint slide write the numbers that correspond to the five different activities you hear spoken.

(NB: Listen carefully as there are also foods and drinks mentioned!)

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Reading Exercise

Can you read the passage in French below and then answer any of the questions in English?

Pour ma santé je mange du poisson et des fruits. Pour ma santé je bois de l'eau. Pour ma santé je ne mange pas de frites, je ne mange pas de biscuits et je ne mange pas de bonbons. Je fais de la natation mais je ne regarde pas la télévision.

What do I eat to stay healthy?

What do I drink to stay healthy?

What do I NOT eat to stay healthy?

What sport do I do?

Do I watch television?

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Writing Exercise

Can you write any of the following five phrases in French?

For my health...

I eat some red meat

I do not eat some chips

I play football

I do not watch TV

Key Vocab

de la viande blanche- white meat

je fais des promenades- I go for walks

je fais du judo- I do judo

je fais du tennis- I play tennis

je joue au foot- I play football du poisson- fish

je fais du cyclisme, I go cycling

je bois- I drink

je ne regarde pas la- I watch

des céréales- cereals

je mange- I eat

des frites-chips

du pain blanc- white bread

du fromage- cheese,

de la viande rouge- red meat

du pain complet- whole wheat bread

du lait écrém- milk

télévision.

Phonics & Pronunciation we will see:

Recommended phonics focus: QU Ç GNE EN AN

- **QU** sound in **électroniques**
- **EN** sound in **promenade**
- **AN** sound in **manger, santé, viande & mélangez**



- **Silent letters.** The 's' is not pronounced in **heures**, and the 't' is not pronounced in **amusant, barbant or fatigant**. These two letters are often silent when they are the final consonants in words.



