



PE curriculum overview

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Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery			Listening games and finding space	Sports day activities	ABC activities	Rolling
			Listening games and finding space	Sports day activities	Working together	Throwing and catching
Reception	Spatial awareness	Body management	Manipulation, coordination	Gymnastics	Body management	Manipulation, coordination
	Finding space and listening	Speed, agility, travel	Cooperation and solve problems	Dance	Speed, agility, travel	Dance
Year 1	Send and return	Dance	Attack, defend, shoot	Send and return	Dance	Attack, defend, shoot
	Run, jump and throw	Gymnastics	Hit, catch, run	Run, jump, throw	Gymnastics	Hit, catch, run
Year 2	Send and return	Dance	Attack, defend, shoot	Send and return	Dance	Attack, defend, shoot
	Run, jump and throw	Gymnastics	Hit. Catch, run	Run, jump and throw	Gymnastics	Hit. Catch, run
Year 3	OAA	Gymnastics	Dance	Netball	Rounders	Tennis

	Handball	Gymnastics	Dance	Football	Athletics	Rugby
Year 4	OAA	Gymnastics	Dance	Swimming	Netball	Tennis
	Handball	Hockey	Football	Rounders	Athletics	Tag rugby
Year 5	OAA	Gymnastics	Swimming	Netball	Dance	Badminton
	Handball	Hockey	Football	Rounders	Athletics	Tag rugby
Year 6	OAA	Gymnastics	Dance	Netball	Swimming	Tennis
	Handball	Hockey	Football	Rounders	Athletics	Tag rugby