

Huyton with Roby CE Primary School

P.E Overview

	AUTUMN TERM 1	AUTUMN TERM 2	SPRING TERM 1	SPRING TERM 2	SUMMER TERM 1	SUMMER TERM 2
NURSERY	Outdoor activity time continuous provision throughout the year.	Introductory unit- use of space, footwork, awareness of body parts, directions	<i>Gym</i> Stretching and Curling		<i>Games</i> Focus using beanbags	
RECEPTION	Outdoor activity time continuous provision throughout the year.	<i>Gym</i> Spatial awareness	<i>Gym - Top Start</i> Motor Skills	<i>Gym - Top Start</i> Co-ordin, control	<i>Games</i> Using medium sized balls	<i>Games</i> Using hoops and quoits
		Dance Top Dance	Dance Top Dance	Dance Aware of space and movement	Dance Travel safely using different parts of the body	Dance Using body shapes
YEAR ONE	<i>Gym</i> Flight, jumping, bouncing and landing	<i>Games</i> Large ball skills and games	<i>Gym</i> Points and Patches	<i>Gym</i> Rocking and Rolling	Dance Animals	<i>Gym</i> Wide, narrow and curled
	Dance Colours and Moods	Dance The Magic Toys	<i>Games</i> Throwing and catching, aiming games	Dance Basic actions of travel, jump, turn and shape	<i>Games</i> Bat and ball skills and games. Skipping.	<i>Games</i> Developing Partner Work
YEAR TWO	Dance At the seaside	<i>Gym</i> Parts high and low parts	<i>Gym</i> Pathways straight, zig zag, curving	<i>Gym</i> Spinning, turning and twisting	<i>Gym</i> Linking movements together	<i>Games</i> Group games and inventing rules
	<i>Games</i> Throwing and catching	Dance Weather and Seasons	<i>Games</i> Making up games with partners	Dance Lifestyles	<i>Games</i> Dribbling, kicking and hitting	Dance Copy and perform simple rhythmic movements

YEAR THREE	Gym Stretching, curling and arching	Dance Line dancing	Gym Symmetry and Asymmetry	Games Net and Wall Games (tennis and volleyball)	Gym Pathways	Dance The River
	Games Ball Skills, passing and receiving (hockey)	Games Creative games making	Games	Dance The Explorer	Games Striking and fielding (cricket/rounders)	Athletics - run, throw and jump
YEAR FOUR	Gym Balance	Dance Tudor dancing	Gym Receiving body weight	Dance Folk Dance	Games Net and Wall (Tennis)	Athletics - run, throw and jump
	Games Invasion game (Netball)	Games Problem solving and inventing games	Dance Life on the Nile	Games	Gym Rolling	Games Striking and fielding (cricket/rounders)
YEAR FIVE	Games Invasion games/implement and kicking	HRE Development of body awareness	Games Net and wall games (Tennis, volley)	Dance Scottish Dance	Gym Spinning and Turning	Athletics - run, throw and jump
	Gym Bridges	Dance Haka Dance	Gym Flight	Games Invasion and target - ball handling	Swimming	Games - striking and fielding (cricket/rounders)
YEAR SIX	Games Invasion games Football, hockey	Games Invasion games Netball	Dance in the playground (Victorians)	Gym Counter balance, counter tension	Games Striking and Fielding (cricket/rounders)	Athletics - run, throw and jump.
	Dance At the Olympics	Gym Partner work, match and mirror	Gym Synchronisation and canon	Games Net and wall (tennis, volley)	Dance	Games